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**TODAY'S DIET & NUTRITION WINS DIGITAL MAGAZINE AWARD
AS HEALTH & BEAUTY MAGAZINE OF THE YEAR FOR
SECOND CONSECUTIVE YEAR**

Design, interactive format and content all cited by judging panel as reasons for win.

SPRING CITY, PA, December 15, 2011 – For the second straight year, Great Valley Publishing Company is proud to announce that its digital consumer publication, [Today's Diet & Nutrition](#), has been chosen by an independent panel of publishing experts as the [Digital Magazine Award](#) Winner for [Health & Beauty Magazine of the Year](#).

Sponsored by Quark, the Digital Magazine Awards are an international competition with entries from 26 countries in 15 categories. This year's winners, which also included *The New Yorker*, *British Vogue*, *Food Network Magazine* and Magazine of the Year *Wired*, were chosen based on categories such as innovation, style, content, and effectiveness.

In their final analysis, the DMA judges commented that *Today's Diet & Nutrition* "brings a page-turner magazine to life with good interactive content. Nice imagery, clean design and a good read."

A monthly consumer publication dedicated to connecting the food we eat to our health and physical fitness, *Today's Diet & Nutrition* provides wholesome recipes, expert fitness advice, cooking tips and interviews that can help anyone live a healthier lifestyle. The magazine also addresses those who have specific dietary needs and lifestyles, such as gluten-free, vegan, vegetarian, diabetic and those with food allergies.

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“We thank the judges for recognizing *Today's Diet & Nutrition* as a Digital Magazine Award winner again this year,” said Publisher/V.P. Mara E. Honicker. “Our editors and designers use their formidable talents and skills to produce an engaging and useful product every month and winning this award for a second year in a row is truly an honor worth celebrating. For our growing audience of health conscious consumers, we will continue to maintain the level of quality that earned us these awards and push the boundaries of technology to improve the magazine even further in the coming years.”

To keep up with an active, connected audience of consumers, the magazine can be viewed on all Apple® and Android™ mobile devices , as well as online from our website.

For more information, visit www.TDN-digital.com.

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